

# Harrow's Early Support Children's Centres

## Early Support Timetable

Pre natal – 9 years

### 25 July – 02 September 2022

For services for  
age 9 – 19 /  
25 years go to  
[@Wealdstone.youthhub](https://www.instagram.com/wealdstone.youthhub)  
on Instagram

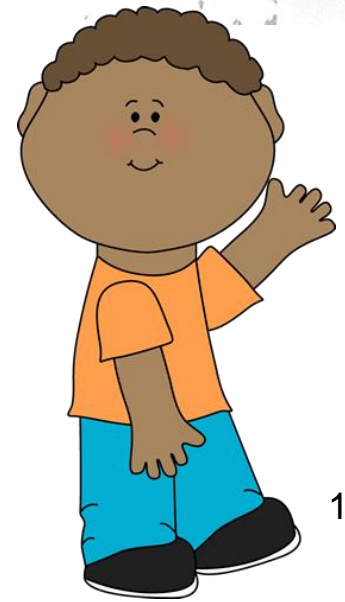
**Harrow Council**  
**Early Support**  
Small Steps – Lasting Change

We are saying BYE, BYE to bookings!!  
Early Support are relaunching drop in groups &  
sessions!

Check out the timetable to see what sessions  
you can drop in to!

You will still need to call & book in to some sessions so please do  
double check the timetable

Please note numbers are limited to keep us all  
safe!



# COVID GUIDELINES & GROUP INFO



In line with the Local Authority guidance we continue to have some Covid 19/ infection control measures in place which we request are adhered when visiting an ES sites

These include following the key measures Hands, Face, Fresh Air

Wearing a face covering when in close proximity to others or in contact with people you don't usually see

Hand washing/ sanitising when entering a site

Respect others wish to social distance

Wearing appropriate clothes for the weather as where possible windows and doors will be open and most of the activities will be outdoors

Bringing in a bottle of water for you and your child to drink (no food please!)

Bringing in a made up bottle of milk if your baby will need one (*always follow safe bottle guidance from NHS*)

Ensuring that you do not attend if you or a member of your household is unwell or has signs of Covid 19

## How drop ins work

Arrive at the site no more than 5 minutes before the start of the session

If you are not registered advise the admin so they can support you to get the forms filled out (you will not be able to sign in at this time)

You will need to wait outside in a line

2 – 5 minutes before the start of the session the admin will welcome you in to sign the register

On entry to a site you will need to hand sanitise

Group numbers will remain small – once numbers are met families will be turned away to ensure safety

There will be a small area for you to leave your personal belongings please only bring what you need  
The room will be set and outside area (where available) will be set up with a range of activities for you and your child to enjoy

External / internal (depending on the site) buggy areas are available  
(we encourage parents to bring a buggy lock)

Parents and carers are responsible for their child/ren at all times

No mobile phones

No hot drinks

Parents and carers are responsible for their family's belongings at all times

# Have tons of fun, play & learn together!!!!



## Please follow this guide in all of our groups and services.

Note; we have limited space for buggies and for health and safety reasons buggies can not be brought in to groups, where possible please leave your buggies at home. We recommend bringing a buggy lock with you to centres with outdoor buggy bays.

Please arrive only 5mins prior to the group start times. Doors will open at most sites 2 - 5mins prior to the start time for sign in



Mobile phones should be turned to silent or switched off during groups and handheld computers should be switched off. If you would like to take a picture or video of a special moment, ask a member of the team.



You remain responsible for your children at all times.



We provide water in all groups. (Due to allergies, we are unable to agree to families bringing their own food or snacks)



You are responsible for all personal belongings.



There is an expectation that everyone helps to tidy up.



Most importantly **PLAY, LEARN and HAVE FUN!**

# Getting ready for school and transitions

## Is your child starting school in September?

Is your child starting a new childminder, pre school or nursery class?

This term & the summer holiday is important for your child..

Come along to our rising stars groups where staff can support you with your child's transition to school ...

Look out for the following groups on the timetable.....

TALK & Play

Learning Through Play

Imagine & Play

Stories Come Alive

PAFT

Health & well-being

Outdoor play groups

Workshops

Top tips and advice sessions

Some of the things you can do as a parent to help your child to feel ready for school.....

Come to groups and sessions to support your child's social skills, learning and development

Ask staff about the curriculum

Ensure your child has had a two year old health and development check (Call 020 8736 6222 or 020 8736 1066 to book)

Let staff know if you have any concerns about your child's development.

Attend toilet learning workshops or ask for tips about readiness to toilet learn

Encourage your child to practise feeding themselves, dressing themselves and to use their words, signs or other communication skills to share their wants & needs

Practise the walk to school

Make sure you are open & honest about your child's likes, wants & needs during school induction

Let staff know if you have questions or are worried about your child's speech and language



Rising Stars  
groups will  
support you &  
your child to  
'be ready'!



# Support, advice and guidance from...

## Early Support

Small Steps - Lasting Change

## Parenting is tough!

**We can all do with a little bit of advice and guidance at times**

The Early Support staff are trained in the most up to date evidence based approaches to support you as a parent or carer!

**Staff are here to....**

- listen
- to support you to make the best decision for your family
- to offer advice and support from a friendly professional
  - to reassure
- to support access to any services you may need or want and
- to do what ever they can to offer support!

You can get support through any of the virtual sessions however you can also call 020 8736 6222 and ask to be put in contact with a member of the team

These topics  
will help with  
starting  
school

Ask about  
sleep routines

Ask about  
toilet learning

Ask about  
meal times or  
feeding

Ask about  
behaviour

## Behaviour Workshop

Virtual

Call 020 8736 6550 to book  
(Parents of 2 - 4 year olds)

22 August 2022 - AM

31 August 2022 - AM

The Pinner Centre, Chapel Lane

Car Park, HA5 1AA

Call 020 8424 1460 to book  
(Parents of 2 - 4 year olds)

25 July 2022 - PM

Virtual

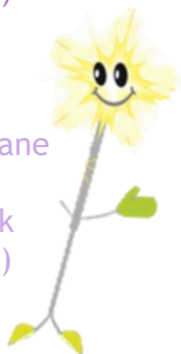
28 July 2022 - AM

Call 020 8424 1066 to book  
(focus on alternatives to physical chastisement)

## Healthy Eating & meal times Workshop

Virtual

Call 020 8736 6550 to book  
01 August 2022 - PM



## Oral Health Workshop

Chandos Children's Centre, Delivery Site,  
Chandos Crescent, HA8 6HL

Call - 020 8736 6550

03, 10 & 17 August 2022 - AM



## Sleep Workop

Virtual

Call 020 8736 6222 to book  
03 August 2022 - PM

Virtual

Call 020 8736 6550 to book  
15 August 2022 - AM

## Early Support Parenting Workshops

We all need advice sometimes....

Appointment only

## Toilet Learning Workshop

Cedars Children's Centre, Whittlesea Road,  
HA3 6LS

Call - 020 8736 6222  
17 August 2022 - PM

Virtual

Call 020 8736 6480 to book  
27 July 2022 - PM  
Call 020 8424 1066  
04 August 2022 - AM



Chandos Children's Centre, Delivery Site,  
Chandos Crescent, HA8 6HL  
Call - 020 8736 6550  
24 August 2022 - AM

# Sibling relationships

Support and advice around sibling rivalry

Routines

Boundaries & consistency

Parenting tips

Ideas on special play times

Being a parent of siblings can be tough, balancing your time, supporting their well-being, meeting their needs that often differ & questioning yourself about whether you are doing enough ... not to mention any challenges around sibling relationships! If you would like to talk things through or get some ideas give us a call & book on to our top tips session or our sibling relationships workshop



10 August 2022 – PM

Virtual

Call 020 8736 6222 to book





**FREE - Oral  
Health  
support and  
advice on  
the phone**

**Top tips on  
when to  
start  
brushing**

**Top tips on  
when how  
to start  
brushing**

**Top tips on  
how to  
encourage  
brushing**

[www.facebook.com/harrowcc](http://www.facebook.com/harrowcc)

**To arrange a telephone appointment send a Facebook inbox message  
including the following info**

**Oral health advice – your name, the age of your child & your contact number  
or call 020 8736 6222 and ask to talk to a member of the team about oral health**

# Is your child starting school?

**Is your child ready for school?  
Would you like support with your child's  
transition to school?**



**How to ask for support?**  
Go to Facebook page:  
[www.facebook.com/harrowcc](https://www.facebook.com/harrowcc)  
Send an inbox Facebook message with  
your full name, contact number and  
e-mail address and a practitioner will be  
in touch to support you.



Virtual transition in to school support –

08 August 2022 – PM – Call to book a place – 020 8736 6480

11 August 2022 – PM – Call to book your place – 020 8736 6550

01 September 2022 – PM – Call to book your place 020 8424 1066

# Calling out to parents of 2 year olds.....

## Did you know that your child is entitled to a health & development check?

We are offering parents of two year olds a two year health and development progress check which would be completed remotely;

A practitioner would contact you on an agreed appointment date/time and complete progress check over the phone. You would be emailed completed progress check and offered support, advice and guidance where necessary.

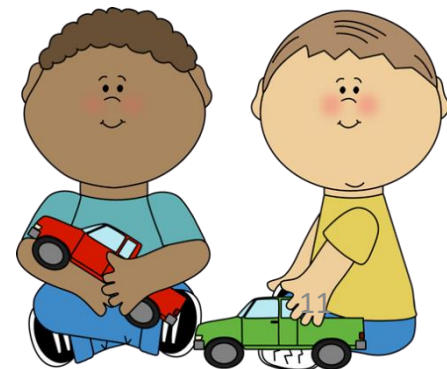
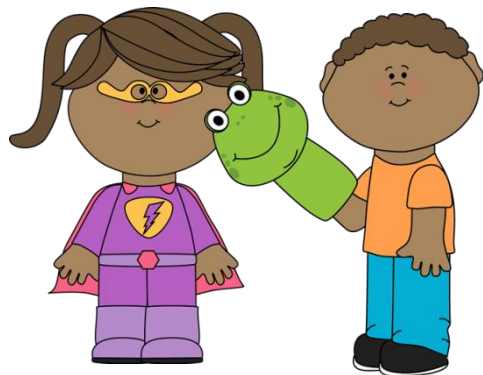
The Two year health and development progress check is a great opportunity to;  
*Learn about your child's development, including communication & physical development.  
To get top tips on toilet learning, behaviour, sleep, saying bye bye to the dummy & bottle.  
To ask questions and address any concerns that you have.  
To support access to any other professionals that you would like support from.*

### How to book a Two year Check?

Cedars – call - 020 8736 6222 – (Across the week)

Whitefriars - call – 020 8424 1066 – (Wednesday pm)

DATES AVAILABLE ON CONTACT WITH THE  
CENTRE





# Weaning parties

From 6 ½ months we would suggest you book and come along to a weaning party, to get recipe ideas, get reassurance about suitable foods and practice with some homecooked finger foods.



This baby is 6 ½ months, enjoying finger foods from the start

Baby's a little older here - you can see the progression in her hand skills



*Weaning workshops / parenting sessions* (for parents of babies from 5 months plus for advice around beginning weaning at 6months)

Date & Time	Venue
27 July 2022 2 – 3pm	Cedars Children's Centre, Whittlesea road, HA3 6LS
24 August 2022 2 – 3 pm	Cedars Children's Centre, Whittlesea road, HA3 6LS

Please ring 020 8736 6222 to book a place for the weaning party

**Early Support**  
Small Steps – Lasting Change

# Weaning workshops

From 5 months we would suggest you join an online weaning workshop for top tips and advice on how to introduce solid foods with your baby!

To book a place on the workshop, please message the Facebook inbox  
[www.facebook.com/harrowcc](https://www.facebook.com/harrowcc)

or email Early Support at [earlysupporthub@harrow.gov.uk](mailto:earlysupporthub@harrow.gov.uk)



*Weaning workshops / parenting sessions* (for parents of babies from 5 months plus for advice around beginning weaning at 6 months)

Date & Time	Venue
Tuesday 09 August 2022 10 - 11am	Remote group on Teams



# Saturday Weaning workshops and parties

From 5 ½ months we would suggest you book and come along to a weaning workshop for top tips and advice on how to wean your baby!



## Weaning Party

Between 6.5 – 9 months you can attend weaning parties at the Centre!

This is a great opportunity to get recipe ideas, get reassurance around suitable foods and practice weaning.

Please ring

020 8736 6222

to book a place for  
the weaning party

Saturday weaning party dates	
Date & Time	Venue
10 September 2022 10 – 11am	Cedars Children's Centre, Whittlesea Road, HA3 6LS - 020 8736 6222

**Early Support**  
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# Family Terrific Scientific Summer Course

Hillview Children's Centre

22 & 25 August 2022



- ❖ For parents and children aged 5 – 9 years to have fun together learning about science
- ❖ Learn together and from each other
- ❖ Fun activities to explore each week and easy experiments to do at home.
- ❖ Discover how to make 'Bendy Water', Make your own 'Rainbow' and a 'Tornado in a bottle'

## How to enrol?

Click on the link below to complete an online enrolment form:

<https://www.webenrol.com/learnharrow/Default.asp?page=list&catID=20&providerID=&>

Please contact us via

email : [learnharrow@harrow.gov.uk](mailto:learnharrow@harrow.gov.uk) or  : 020 8204 3567

# Bringing your story to life

Whitefriars Children's Centre

1 & 4 August 2022



- ❖ For parents and children aged 5 – 9 years to learn and have fun together
- ❖ You will use a range of materials to create an expressive popup art book together
- ❖ Learn a number of decorative and expressive mark making techniques

## How to enrol?

Click on the link below to complete an online enrolment form:

<https://www.webenrol.com/learnharrow/Default.asp?page=list&catID=20&providerID=&>

Please contact us via

email : [learnharrow@harrow.gov.uk](mailto:learnharrow@harrow.gov.uk) or  : 020 8204 3567

# Free Baby Feeding Support Groups in Harrow

## All welcome



Central and North West London **NHS**  
NHS Foundation Trust

**Monday 1 - 3pm**

Cedars Children's Centre, Whittlesea Road, Harrow Weald, HA3 6LS

**Wednesday 10am - 12pm**

Virtual Group

**Thursday 9am - 3.30pm**

Kenmore Park Children's Centre, Warneford Road, Kenton, HA3 9HZ

Book a space to get some support with feeding your baby or have a chat with other mothers. A Health Visitor and Lactation Consultant will be at each group.

To book a space at any of the groups please email Julie Peris on [j.peris@nhs.net](mailto:j.peris@nhs.net)

# Summer Holidays – Week 1 – Theme – Creativity & Imagination

	Monday 25 July 2022	Tuesday 26 July 2022	Wednesday 27 July 2022	Thursday 28 July 2022	Friday 29 July 2022
<b>Cedars</b> Whittlesea Road Harrow HA3 6LS 020 8736 6222 <i>Sessions are drop in unless stated otherwise</i>	Learn Harrow – Music Session <b>Call for more information</b>	Partner agencies	10 – 11am <b>PAFT Sensory Baby Group - Birth – Crawlers – drop in</b>	10 – 11am <b>TALK &amp; Play - 18 months + – drop in</b>	10.30 – 11.30am <b>Outdoor Play</b> ‘Little Adventurers’ – <b>Our allotment</b> drop in
	1 – 2.30pm <b>Fun with Dens – drop in 2 – 9 years</b>		PM – Weaning Party – booked places	Health	
	12 – 2pm <b>Breastfeeding Peer Support</b>	1 – 2.30pm <b>Sensory Play – drop in Sensory room time</b>		1 – 2.30pm <b>Imagine &amp; Play – Dinosaurs Drop in</b>	
<b>Stanmore Park</b> William Drive Stanmore HA7 4FZ 020 8736 6480 <i>Sessions are drop in unless stated otherwise</i>	10 – 11am <b>Sensory Play – drop in</b>	10 – 11am <b>Arts &amp; Crafts – drop in 2 – 9 years</b>	10 – 11am <b>TALK &amp; Play -18 months + - drop in</b>	Partner agencies	10 – 11am <b>Baby Group</b> <i>Womb to World</i> Pre natal – Crawlers With sleep advice drop in
	1 – 2.30pm <b>Imagine &amp; Play – drop in Farm Yard Fun</b>	1 – 2.30pm <b>Imagine &amp; Play– drop in Under the sea</b>	1 – 2pm <b>Virtual toilet learning workshop</b> <b>Call to book your place</b>		
<b>The Pinner Centre</b> Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460 <i>Sessions are drop in unless stated otherwise</i>	10 – 11am <b>Walk &amp; Talk in the Park – drop in Pinner Memorial Park</b>	10 – 11am <b>PAFT Sensory Baby – drop in Birth – 18 months</b>	10 – 11.30am <b>Art in the Park – drop in</b> <b>Meet at the Pinner Centre and then create Art in the award winning Pinner Memorial Park 4 – 9 years (Siblings welcome)</b>	10 – 11am <b>Fun with science – drop in 4 – 10 years</b>	
	1 – 2.30pm <b>Behaviour management workshop parents of 2 – 4 year olds</b> <b>Call to book your place</b>	1 – 2pm <b>TALK &amp; Play – drop in 18 months +</b>		1.30 – 2.30pm <b>Explore &amp; Create – drop in</b>	
<b>Whitefriars Children’s Centre</b> Whitefriars Avenue HA3 5RQ 020 8424 1066 <i>Sessions are drop in unless stated otherwise</i>	10 – 11am <b>PAFT Sensory Baby Group – drop in Crawlers – 18 months</b>	9.30 – 11.30am <b>Childminders' Group</b>	10 – 11am <b>Plant &amp; Grow – drop in 2 – 9 years (siblings welcome)</b>	10 – 11.30am <b>Virtual Behaviour workshop – alternatives to physical chastisement</b>	10 – 11am <b>TALK &amp; Play 18 months + drop in</b>
		1 – 2.30pm <b>Stories Come Alive – drop in</b>	1 – 2.30pm <b>Fun with science – drop in 4 – 10 years</b>	1 – 2pm <b>Arts &amp; Crafts – drop in</b>	
<b>Chandos</b> Chandos Crescent HA8 6HL 020 8736 6550 <i>Sessions are drop in unless stated otherwise</i>		10 – 11am <b>Explore &amp; Create – drop in</b>		10 – 11am <b>Making Music – drop in</b>	Partner agencies
		1 – 2.30pm <b>TALK advice appointments</b>			



	Monday 25 July	Tuesday 26 July	Wednesday 27 July	Thursday 28 July	Friday 29 July
<b>Hillview</b> 2 Grange Road, South Harrow, HA2 OLW	10-11am <b>Imagine and Play</b> (all ages) <b>Drop in</b>	10-11am <b>Arts and Crafts</b> (5-9 years) <b>Drop in</b>	Partner service		Partner services
	1-2pm <b>Stories come Alive</b> (All ages) <b>Drop in</b>	Partner service		1 - 2.30pm <b>Portage Appointments</b> <i>(Bookings)</i>	1-2pm <b>Baby sensory</b> (birth-crawlers) <b>Drop in</b>
<b>Kenmore Park</b> Warneford Road, Kenton, HA3 9HZ 020 8416 8400		9.15 - 11.15am <b>Healthy Child Clinic</b> (Appointments )	10-11am <b>Learning through play</b> (all ages) <b>Drop in</b>	9- 3.30pm <b>Breastfeeding peer support</b> (bookings)	9.15am - 3.30pm <b>Healthy Child Clinic</b> (bookings)
	1.30-2.30 <b>Design and create</b> (5-9 years) <b>Drop in</b>	1 - 4pm <b>Health Visiting</b> (Appointments)		Partner service	
<b>Gange</b> 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Partner service	10-11am <b>Explore and learn outdoors</b> (All ages) <b>Drop in</b>		10-11am <b>Junk modelling</b> (2 years +) <b>Drop in</b>	Partner service
	Partner service	1-2pm <b>Find your voice</b> (booking)	1-2pm <b>Art in the park</b> <b>Meet at Byron park</b> ( all ages) <b>Drop in</b>		Partner service

# Summer Holidays – Week 2 – Theme – Healthy Living

	Monday 01 August 22	Tuesday 02 August 22	Wednesday 03 August 22	Thursday 04 August 22	Friday 05 August 22
<b>Cedars</b> Whittlesea Road Harrow HA3 6LS 020 8736 6222 <i>Sessions are drop in unless stated otherwise</i>	10 – 11am <b>Making Music - Dance &amp; Sing – drop in</b>	Partner agencies	10 – 11am <b>PAFT Baby Group - Birth – Crawlers – drop in</b>	10 – 11am <b>TALK &amp; Play - 18 months + Drop in</b>	10 – 11.30am <b>Mini Master Chef 5 – 10 years</b> Call to book
	1 – 3pm <i>Is your child 2 / 3 or 4 years old? If they are not in a setting you can book in for a health &amp; development check with a member of the team</i>	1 – 2.30pm <b>Little Chefs (Cooking group) 2 – 9 years</b> Call to book your place	9.30 – 11.30am <b>Parenting top tips &amp; advice session – call to book</b>	Health	
	<b>PM - Breastfeeding Peer Support</b>		1 – 2pm <b>Virtual - sleep workshop</b> Call to book a place	1 – 2.30pm <b>Imagine &amp; Play – drop in</b> Cedars Supermarket & Café	
<b>Stanmore Park</b> William Drive Stanmore HA7 4FZ 020 8736 6480 <i>Sessions are drop in unless stated otherwise</i>	10 – 11am <b>Snack Attack – 9 months + Prepare &amp; eat healthy snacks</b> <b>Book your place</b>	10 – 11am <b>Lets Get Physical – drop in</b>	10 – 11am <b>Making Music - Dance &amp; Sing – drop in</b>	Partner agencies	10 – 11am <b>Baby Group Womb to World</b> <b>Pre natal – Crawlers Weaning focus</b> Drop in
	1 – 2.30pm <b>Imagine &amp; Play</b> <b>Teddy Bears Picnic – drop in</b>	1 – 2.30pm <b>Imagine &amp; Play – drop in</b> Including - Oral health		1 – 2.30pm <b>Understanding Emotions Workshop</b>	
<b>The Pinner Centre</b> Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460 <i>Sessions are drop in unless stated otherwise</i>	10 – 11am <b>Walk &amp; Talk in the Park – drop in</b> Pinner Memorial Park	10 – 11am <b>PAFT Baby Birth – 18 months – drop in</b>	10 – 11.30am <b>Art in the Park</b> <b>Meet at the Pinner Centre and then create Art in the award winning Pinner Memorial Park 4 – 9 years (Siblings welcome) – drop in</b>	10 – 11am <b>Snack Attack – 9 months + Prepare &amp; eat healthy snacks</b> <b>Book your place</b>	
	<i>We are busy deep cleaning the centre</i>	1 – 2pm <b>TALK &amp; Play – drop in 18 months +</b>		1.30 – 2.30pm <b>Lets Get Physical – drop in</b>	
<b>Whitefriars Children's Centre</b> Whitefriars Avenue HA3 5RQ 020 8424 1066 <i>Sessions are drop in unless stated otherwise</i>	<b>All day</b> <i>Learn Harrow</i> <b>Bringing your story to life</b> <b>Call to find out more</b>	9.30 – 11.30am <b>Childminders' Group</b>	10 – 11am <b>Plant &amp; Grow – drop in 2 – 9 years (siblings welcome)</b>	10 – 11.30am <b>Virtual - Toilet Learning Workshop - Call to book</b>	10 – 11am <b>TALK &amp; Play 18 months + drop in</b>
		1 – 2.30pm <b>Snack Attack – 9 months + Prepare &amp; eat healthy snacks</b> <b>Book your place</b>	<i>We are busy deep cleaning the centre</i>	<b>All day</b> <i>Learn Harrow</i> <b>Bringing your story to life</b> <b>Call to find out more</b>	
<b>Chandos</b> Chandos Crescent HA8 6HL 020 8736 6550 <i>Sessions are drop in unless stated otherwise</i>	1 – 2.30pm <b>Virtual Healthy Mealtimes workshop</b> parents of 2 – 9 year olds <b>Call to book your place</b>	10 – 11am <b>Lets Get Physical – drop in</b>	10 – 11.30am <b>Oral health advice session</b> <b>Call to book</b>	10 – 11am <b>Making Music – Dance &amp; Sing – drop in</b>	Partner agencies
		1 – 2.30pm <b>TALK advice appointments</b>		1 - 2pm <b>Snack Attack – 9 months + Prepare &amp; eat healthy snacks</b> <b>Book your place</b>	

	Monday 1 Aug	Tuesday 2 Aug	Wednesday 3 Aug	Thursday 4 Aug	Friday 5 Aug
<b>Hillview</b> 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692	10-11am <b>Lets get physical</b> (crawlers -18 months) <b>Drop in</b>		Partner service		10 - 11am <b>Talk and play</b> (18 months+) <b>Drop in</b>
	1 - 4pm <b>Health Visiting</b> <b>Appointments</b>	1-2pm <b>Little cooks</b> (2years+) <b>Bookings</b>		1 - 2.30pm <b>Portage Appointments</b> <i>(Bookings)</i>	
<b>Kenmore Park</b> Warneford Road, Kenton, HA3 9HZ 020 8416 8400	10-11am <b>Stories come Alive</b> (all ages) <b>Drop in</b>	9.15 - 11.15am <b>Healthy Child Clinic</b>		9- 3.30pm <b>Breastfeeding peer support</b> (bookings)	9.15am - 3.30pm <b>Health clinic</b> <b>Appointments</b>
		1 - 4pm <b>Health Visiting</b> <b>Appointments</b>	1-2pm <b>Explore and learn</b> <b>outdoors</b> (all ages) <b>Drop in</b>	<b>Post Natal Support Group</b> <b>By Appointment</b>	
<b>Gange</b> 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Partner service	10-11am <b>Lets get physical</b> (all ages) <b>Drop in</b> <b>Meet at Byron park</b>	Partner service	10-11am <b>Explore and learn outdoors</b> (birth-4 years) <b>Drop in</b>	Partner service
	1.30 - 2.30pm <b>Sensory baby</b> <b>(with weaning advice)</b> (birth- crawlers) <b>Drop in</b>				Partner service

# Summer Holidays – Week 3 - Theme – The Great Outdoors

	Monday 08 August 22	Tuesday 09 August 22	Wednesday 10 August 22	Thursday 11 August 22	Friday 12 August 22
<b>Cedars</b> Whittlesea Road Harrow HA3 6LS 020 8736 6222 <i>Sessions are drop in unless stated otherwise</i>	10 – 11am <b>Making Music – Down in the jungle – drop in</b>	<b>Virtual weaning workshop</b> <b>Call to book a place</b>	10 – 11am <b>PAFT Baby Group - Birth – Crawlers – drop in</b>	10 – 11am <b>TALK &amp; Play - 18 months + Drop in</b>	10 – 11.30am <b>Fun at the park – drop in</b>  <b>Meet at Cedars &amp; walk &amp; talk to the local park</b>
	1 – 3pm <i>Is your child 2 / 3 or 4 years old? If they are not in a setting you can book in for a health &amp; development check with a member of the team</i>	1 – 2.30pm <b>Indoor &amp; Outdoor Sensory Play – drop in</b> <b>Sensory room time</b>	9.30 – 11.30am <b>Parenting top tips &amp; advice session – call to book</b>	Health	
	<b>PM - Breastfeeding Peer Support</b>		1 – 2pm <b>Virtual – Sibling relationships</b> <b>Sibling rivalry</b> <b>Call to book a place</b>	1 – 2.30pm <b>Imagine &amp; Play – drop in</b> <b>Summer holiday</b>	
<b>Stanmore Park</b> William Drive Stanmore HA7 4FZ 020 8736 6480 <i>Sessions are drop in unless stated otherwise</i>	10 – 11am <b>Sensory Play – The great outdoors – drop in</b>	10 – 11.30am <b>Fun at the Park – drop in</b> <b>Meet at Stanmore &amp; walk to the park for games</b>	10 – 11am <b>Making Music – Jungle animals drop in</b> <b>Today is National Lion Day</b>	Partner agencies	10 – 11am <b>Baby Group</b> <i><b>Womb to World</b></i> <b>Pre natal – Crawlers</b> <b>Outdoor play</b> <b>Drop in</b>
	1 – 2.30pm <b>Imagine &amp; Play</b> <b>‘Pets’ – drop in</b>	1 – 2.30pm <b>Indoor &amp; Outdoor Play – drop in</b>		1 – 2.30pm <b>Virtual transitions in to school workshop / advice</b>	
<b>The Pinner Centre</b> Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460 <i>Sessions are drop in unless stated otherwise</i>	10 – 11am <b>Walk &amp; Talk in the Park – drop in</b> <b>Pinner Memorial Park</b>	10 – 11am <b>PAFT Baby Birth – 18 months – drop in</b>	10 – 11.30am <b>Art in the Park</b> <b>Meet at the Pinner Centre and then create Art in the award winning Pinner Memorial Park 4 – 9 years (Siblings welcome) – drop in</b>	10 – 11am <b>Fun with science – drop in</b> <b>4 – 10 years</b>	
		1 – 2pm <b>TALK &amp; Play – drop in</b> <b>18 months +</b>		1.30 – 2.30pm <b>Lets Get Physical – drop in</b>	
<b>Whitefriars Children’s Centre</b> Whitefriars Avenue HA3 5RQ 020 8424 1066 <i>Sessions are drop in unless stated otherwise</i>	10 – 11am <b>PAFT Baby Group – drop in - Crawlers – 18 months</b>	9.30 – 11.30am <b>Childminders' Group</b>	10 – 11am <b>Plant &amp; Grow – drop in</b> <b>2 – 9 years (siblings welcome)</b>	10 – 11.30am <b>Fun at the park</b> <b>Meet at Whitefriars &amp; walk &amp; talk to the local park</b>	10 – 11am <b>TALK &amp; Play</b> <b>18 months + drop in</b>
		1 – 2.30pm <b>Imagine &amp; Play – drop in</b> <b>Dear Zoo</b>	1 – 2.30pm <b>Fun with science – drop in</b> <b>4 – 10 years</b>		
<b>Chandos</b> Chandos Crescent HA8 6HL 020 8736 6550 <i>Sessions are drop in unless stated otherwise</i>	1 – 2.30pm <b>Virtual – transitions to school workshop</b> <b>Call to book your place</b>	10 – 11am <b>Lets Get Physical – drop in</b>	10 – 11.30am <b>Oral health advice session</b> <b>Call to book</b>	10 – 11am <b>Making Music – My natural world – drop in</b>	Partner agencies
				1 - 2pm <b>Fun at the park – drop in</b> <b>Meet at Chandos &amp; walk &amp; talk to the local park</b>	

	Monday 8 <sup>th</sup> Aug	Tuesday 9 <sup>th</sup> Aug	Wednesday 10 <sup>th</sup> Aug	Thursday 11 <sup>th</sup> Aug	Friday 12 <sup>th</sup> Aug
<b>Hillview</b> 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692		Partner service	10-11am Harrow library service Story time ( 2-8 years) bookings		Partner service
	1 - 4pm Health Visiting Appointments			1 - 2.30pm Portage Appointments (Bookings)	
<b>Kenmore Park</b> Warneford Road, Kenton, HA3 9HZ 020 8416 8400	10 – 11am Learning Through Play (all ages) Drop in	9.15 - 11.15am Healthy Child Clinic		9- 3.30pm Breastfeeding peer support (bookings)	9.15am - 3.30pm Healthy Clinic Appointments
	1.30—2.30pm Growing and planting (2 years +) Drop in	1 - 4pm Health clinic Appointments	1.30-2.30pm Lets get physical (all ages) Drop in	1-2pm Fire brigade visit (2 years +) bookings	Partner service
<b>Gange</b> 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Partner services	10-11am Nature walk Meet in Byron park (all ages) Drop in	1-2pm Den building (2 years +) Drop in		10-11.30am Learn Harrow Being parents booking
	1-2pm Explore and learn outdoors (all ages) Drop in				Partner services



# Summer Holidays – Week 4 – Theme – People Who Help Us

	Monday 15 August 22	Tuesday 16 August 22	Wednesday 17 August 22	Thursday 18 August 22	Friday 19 August 22
<b>Cedars</b> Whittlesea Road Harrow HA3 6LS 020 8736 6222 <i>Sessions are drop in unless stated otherwise</i>	10 – 11am <b>Making Music – People who help us – drop in</b>	Partner agencies	10 – 11am <b>PAFT Baby Group - Birth – Crawlers – drop in</b>	10 – 11am <b>TALK &amp; Play - 18 months + Drop in</b>	<i>10 – 11.30am</i> <b>Outdoor Play &amp; Allotment care</b> <b>Little Adventurers ‘Farmers theme’ – drop in</b>
	<b>PM - Breastfeeding Peer Support</b>	1 – 2.30pm <b>Sensory Play – drop in</b> Sensory room time	1 – 2.30pm <b>Face to face - Toilet Learning (Parents only)</b> Call to book a place	Health	
				1.30 – 3pm <b>Imagine &amp; Play – drop in</b> <i>Fire Brigade visit</i>	
<b>Stanmore Park</b> William Drive Stanmore HA7 4FZ 020 8736 6480 <i>Sessions are drop in unless stated otherwise</i>	10 – 11am <b>Sensory Play – Fireman Sam’s Water Fun – drop in</b>	10 – 11.30am <b>Lets Get Physical – drop in ‘Fitness &amp; well-being’</b>		Partner agencies	10 – 11am <b>Baby Group</b> <i>Womb to World</i> <b>Pre natal – Crawlers</b> <b>How your health visitors can help</b> Drop in
	1 – 2.30pm <b>Imagine &amp; Play</b> <b>‘Hospitals, Dr’s &amp; Dentists’ – drop in</b> With Oral health	1 – 2.30pm <b>Indoor &amp; Outdoor Play – drop in</b> <b>‘Police theme’</b>			
<b>The Pinner Centre</b> Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460 <i>Sessions are drop in unless stated otherwise</i>		10 – 11am <b>PAFT Baby Birth – 18 months – drop in</b>	10 – 11.30am <b>Art in the Park</b> <b>Meet at the Pinner Centre and then create Art in the award winning Pinner Memorial Park 4 – 9 years (Siblings welcome) – drop in</b>	10 – 11am <b>Learning Through Play – drop in ‘People who help us’</b>	
		1 – 2pm <b>TALK &amp; Play – drop in</b> <b>18 months +</b>		1.30 – 2.30pm <b>Build &amp; Create – drop in</b> <i>‘Construction workers theme’</i>	
<b>Whitefriars Children’s Centre</b> Whitefriars Avenue HA3 5RQ 020 8424 1066 <i>Sessions are drop in unless stated otherwise</i>	10 – 11am <b>PAFT Baby Group – drop in - Crawlers – 18 months</b>	9.30 – 11.30am <b>Childminders' Group</b>	10 – 11am <b>Plant &amp; Grow – drop in 2 – 9 years (siblings welcome) ‘Farmers theme’</b>		10 – 11am <b>TALK &amp; Play</b> <b>18 months + drop in</b>
			1 – 2.30pm <b>Fun with science – drop in</b> <b>4 – 10 years – ‘Great inventors’</b>		
<b>Chandos</b> Chandos Crescent HA8 6HL 020 8736 6550 <i>Sessions are drop in unless stated otherwise</i>	10 – 11am <b>Virtual – Sleep workshop</b> Call to book your place	10 – 11am <b>Imagine &amp; Play – People Who Help Us – drop in</b>	10 – 11.30am <b>Oral health advice session</b> Call to book	10 – 11am <b>Making Music – People Who Help Us – drop in</b>	Partner agencies
				1 - 2pm <b>Fun at the park – drop in</b> <b>Meet at Chandos &amp; walk &amp; talk to the local park</b>	

	Monday 15 <sup>th</sup> Aug	Tuesday 16 <sup>th</sup> Aug	Wednesday 17 <sup>th</sup> Aug	Thursday 18 <sup>th</sup> Aug	Friday 19 <sup>th</sup> Aug
<b>Hillview</b> 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692	10-11am <b>Stories come</b> (all ages)	Partner service	10-11am <b>Baby stay and play</b> ( birth –crawlers) <b>Drop in</b>		Partner service
	1-4 pm <b>Health Visitor</b> <b>Appointments</b>			1 - 2.30pm <b>Portage Appointments</b> (Bookings)	
<b>Kenmore Park</b> Warneford Road, Kenton, HA3 9HZ 020 8416 8400	10-11am <b>Imagine and play</b> (2 years+) <b>Drop in</b>	9.15 - 11.15am <b>Healthy Child Clinic</b>	Partner service	9- 3.30pm <b>Breastfeeding peer support</b> (bookings)	9.15am - 3.30pm <b>Healthy Child Clinic</b> Appointments
	1-2pm <b>Create and explore</b> (all ages) <b>Drop in</b>	1 - 4pm <b>Health Visiting</b> Appointments	1-2pm <b>Harrow library service</b> <b>Story time</b> (2-8 years) <b>bookings</b>	<b>Post Natal Support Group</b> <b>By Appointment</b>	Partner service
<b>Gange</b> 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Partner services	10-11am <b>Explore and learn</b> <b>outdoors</b> (all ages) <b>Drop in</b>		10-11am <b>Stories come alive</b> (5-9 years) <b>Drop in</b>	10-11.30 <b>Learn Harrow</b> <b>Being Parents</b> <b>bookings</b>
		1-2pm <b>Imagine and play</b> (2 years +) <b>Drop in</b>	1-2pm <b>Sensory baby</b> (Crawlers – 18 months) <b>Drop in</b>	1-3 pm <b>Parenting Top Tips</b> Call to book a place	Partner services

# Summer Holidays – Week 5 – Theme – My Colourful World

	Monday 22 August 22	Tuesday 23 August 22	Wednesday 24 August 22	Thursday 25 August 22	Friday 26 August 22
Cedars Whittlesea Road Harrow HA3 6LS 020 8736 6222 <i>Sessions are drop in unless stated otherwise</i>		Partner agencies	10 – 11am PAFT Baby Group - Birth – Crawlers – drop in	10 – 11am TALK & Play - 18 months + Drop in	10 – 11.30am Carnival themed activity session All ages – drop in
	PM - Breastfeeding Peer Support	1 – 2.30pm Sensory Play – ‘Colours theme’ - drop in Sensory room time	9.30 – 11.30am Parenting top tips & advice session – call to book	Health	
			PM PA & SL – Weaning Party for parents of babies 6.5months plus Call to book your place	1 – 2.30pm Imagine & Play – drop in <i>My Colourful world</i>	
Stanmore Park William Drive Stanmore HA7 4FZ 020 8736 6480 <i>Sessions are drop in unless stated otherwise</i>	10 – 11am Sensory Play – ‘Colours theme’ – drop in	10 – 11.30am Learning Through Play – drop in <i>‘Colours through play’</i>	10 – 11.30am Arts & Crafts Fun with colours – drop in	Partner agencies	
	1 – 2.30pm Imagine & Play <i>‘My Colourful World’ – drop in</i>	1 – 2.30pm Indoor & Outdoor Play – drop in			
The Pinner Centre Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460 <i>Sessions are drop in unless stated otherwise</i>	10 – 11am Walk & Talk in the Park My Colourful world – drop in Pinner Memorial Park	10 – 11am PAFT Baby Birth – 18 months – drop in		10 – 11am Learning Through Play – drop in - ‘Colours through play’	
	1 – 3pm <i>Is your child 2 / 3 or 4 years old? If they are not in a setting you can book in for a health &amp; development check with a member of the team</i>	1 – 2pm TALK & Play – drop in 18 months +		1.30 – 2.30pm Arts & Crafts – drop in <i>Exploring colours</i>	
Whitefriars Children’s Centre Whitefriars Avenue HA3 5RQ 020 8424 1066 <i>Sessions are drop in unless stated otherwise</i>		9.30 – 11.30am Childminders’ Group			
		1 – 2.30pm Imagine & Play – drop in <i>My colourful world</i>	1 – 2.30pm Learning Through Play – drop in <i>‘Colours through play’</i>		
Chandos Chandos Crescent HA8 6HL 020 8736 6550 <i>Sessions are drop in unless stated otherwise</i>	10 – 11.30am Virtual – behaviour workshop Parents of 2 – 4 year olds Call to book your place	10 – 11am Arts & Crafts – Fun with Colours – drop in	10 – 11.30am Toilet Learning workshop Call to book	10 – 11am Messy Play – drop in	Partner agencies  26
				1 - 2pm Learning Through Play – drop in	

	Monday 22 <sup>nd</sup> Aug	Tuesday 23 <sup>rd</sup> Aug	Wednesday 24 <sup>th</sup> Aug	Thursday 25 <sup>th</sup> Aug	Friday 26 <sup>th</sup> Aug
<b>Hillview</b> 2 Grange Road, South Harrow, HA2 OLW 020 8422 4692  COLOURFUL WORLD	Learn Harrow Terrific Scientific Bookings	10-11am Stories come alive (all ages) Drop in		Learn Harrow Terrific Scientific Bookings	10-11am Baby stay and play (Crawlers -18 months) Drop in
	Learn Harrow Terrific Scientific Bookings			Learn Harrow Terrific Scientific Bookings	
<b>Kenmore Park</b> Warneford Road, Kenton, HA3 9HZ 020 8416 8400	10-11am Create and explore Outdoors (All ages) Drop in	9.15 - 11.15am Healthy Child Clinic	10-11am Imagine and play (all ages) Drop in	9- 3.30pm Breastfeeding peer support (bookings)	9.15am - 3.30pm Healthy Child Clinic
	1.30-2.30pm Messy play (2 years +) Drop in	1 - 4pm Health Visiting Appointments		Post Natal Support Group By Appointment	
<b>Gange</b> 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Partner service	10-11am Carnival time come dressed up (2-9 years) Drop in		10-11am Explore and learn outdoors (birth-4 years) Drop in	Partner service
	Partner service	1-2pm Colour walk meet in Byron park (All ages) Drop in	1-2pm Messy play ( all ages) Drop in		Partner service

# Summer Holidays – Week 6 – Theme – Learning Through Play

	Monday 29 August 22	Tuesday 30 August 22	Wednesday 31 August 22	Thursday 01 Sept 22	Friday 02 Sept 22
<b>Cedars</b> Whittlesea Road Harrow HA3 6LS 020 8736 6222 <i>Sessions are drop in unless stated otherwise</i>	<b>Bank Holidays</b>	Partner agencies	10 – 11am <b>PAFT Baby Group - Birth – Crawlers – drop in</b>	10 – 11am <b>TALK &amp; Play - 18 months + Drop in</b>	10.30 – 11.30am <b>Outdoor Play ‘Little Adventurers’ – drop in</b>
			1 – 2pm <b>Learning Through Play – drop in</b> - Fun with Numbers	Health	
				1 – 2.30pm <b>Imagine &amp; Play – drop in</b> My big school	
<b>Stanmore Park</b> William Drive Stanmore HA7 4FZ 020 8736 6480 <i>Sessions are drop in unless stated otherwise</i>		10 – 11.30am <b>Learning Through Play – drop in</b> <i>Fun with numbers</i>		Partner agencies	10 – 11am <b>Baby Group</b> <i>Womb to World</i> Pre natal – Crawlers Drop in
		1 – 2.30pm <b>Indoor &amp; Outdoor Play – drop in</b>			
<b>The Pinner Centre</b> Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460 <i>Sessions are drop in unless stated otherwise</i>		10 – 11am <b>PAFT Baby Birth – 18 months – drop in</b>	10 – 11.30am <b>Art in the Park</b> Meet at the Pinner Centre and then create Art in the award winning Pinner Memorial Park 4 – 9 years (Siblings welcome) – drop in	10 – 11am <b>Little Mark Makers – drop in</b>	
		1 – 2pm <b>TALK &amp; Play – drop in</b> 18 months +		1.30 – 2.30pm <b>Learning Through Play – drop in</b>	
<b>Whitefriars Children’s Centre</b> Whitefriars Avenue HA3 5RQ 020 8424 1066 <i>Sessions are drop in unless stated otherwise</i>		9.30 – 11.30am <b>Childminders' Group</b>	10 – 11am <b>Learning Through Play</b> <i>Fun with phonics – drop in</i>	10 – 11.30am <b>Indoor &amp; Outdoor Play – drop in</b>	10 – 11am <b>TALK &amp; Play 18 months + drop in</b>
			1 – 2.30pm <b>Imagine &amp; Play</b> <i>My Big School – drop in</i>	1 – 2.30pm <b>Transitions to school workshop</b> <b>Virtual</b>	
<b>Chandos</b> Chandos Crescent HA8 6HL 020 8736 6550 <i>Sessions are drop in unless stated otherwise</i>		10 – 11am <b>Imagine &amp; Play</b> <i>My Big School – drop in</i>	10 – 11.30am <b>Virtual - Behaviour 4 – 9 years workshop</b> <b>Call to book</b>	10 – 11am <b>Learning Through Play – drop in</b>	Partner agencies

	Monday 29 Aug	Tuesday 30 Aug	Wednesday 31 Aug	Thursday 1 Sept	Friday 2 <sup>nd</sup> Sept
<b>Hillview</b> 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692  LEARN THOROUGH PLAY TRANSITION TO SCHOOL	<b>BANK HOLIDAY</b>	10-11am Fun with Mark making (2 years+) Drop in		10-11am Baby sensory Drop in (Birth - crawlers)	Partner service
			Partner service	1 - 2.30pm Portage Appointments (Bookings)	
<b>Kenmore Park</b> Warneford Road, Kenton, HA3 9HZ 020 8416 8400		9.15 - 11.15am Healthy Child Clinic		9- 3.30pm Breastfeeding peer support (bookings)	9.15am - 3.30pm Healthy Child Clinic
		1 - 4pm Health Visiting Appointments		Post Natal Support Group By Appointment	
<b>Gange</b> 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134			Partner service	Transition to school parenting advice Please call to book	10-11.30am Learn Harrow Being Parents
		1-2pm Fun with science Drop in  (5-9 years)	1-2pm Harrow Library service Story time (2-8 years ) bookings	1-2pm Imagine and play (2 years+) Drop in	Partner service



Centres in the Cedars Hub	Address and contact details	Centres in the Hillview Hub	Address and contact details
Cedars Hub Children's Centre	Whittlesea Road, Harrow, HA3 6LS. 020 8736 6222 8am – 6pm	Hillview Hub Children's Centre	2 Grange Road, South Harrow, HA2 0LW. 020 8422 4692
The Pinner Centre	Chapel Lane Car Park, Pinner HA5 1AA 020 8424 1460	Kenmore Park Delivery Site	Warneford Road, Kenton, HA3 9HZ. 020 8416 8400
Whitefriars Delivery Site	Whitefriars Avenue, Harrow, HA3 5RQ. 020 8424 1066	Gange Delivery Site	68 Canning Road, Wealdstone, HA3 7SN. 020 8427 0134
Chandos Delivery Site	Chandos Crescent, Edgware, HA8 6HL. 020 8736 6550	Elmgrove Delivery Site	Kenmore Avenue, Kenton, HA3 8LU. 020 8907 4941
Stanmore Park Delivery Site	William Drive, Stanmore, HA7 4FZ. 020 8736 6480	Wealdstone Youth Hub The Wealdstone Youth Centre, 38 – 42 High Street, Wealdstone, HA3 7AE 020 8416 8667	

Please remember, all our timetables can be found in the photo sections on Facebook:



[www.facebook.com/harrowcc](https://www.facebook.com/harrowcc)



## Safeguarding is EVERYONE'S RESPONSIBILITY

If you are concerned  
about a child call  
**020 8901 2690** on  
weekends or after 5pm  
call **020 8424 0999**

Domestic Abuse  
Support and Advice

If you are feeling unsafe or are experiencing domestic violence you can seek support by calling the Golden Number **020 8901 2690** or the DA helpline on **020 8907 8148**  
**24 hrs 0808 2000 247**  
Stay safe!